The Division of Geriatric Medicine continues to play a leadership role in the development of high quality care for older persons throughout Missouri and Southern Illinois. The division also provides education for health care providers and the public. The division was ranked 13th in *U.S. News and World Report* Rankings for Postgraduate Studies.

The educational highlight of the year was the annual Geriatric Summer Institute. Besides the Summer Institute, the division presented a long term care conference in Kansas City and was actively involved in the Des Peres Long Term Care Conferences along with providing multiple talks in the community for the public. We also conducted a community of practice program with the VA and NHC to reduce falls in nursing homes. The division developed a highly successful Cardinals Baseball Reminiscence League for Veterans with Alzheimer’s disease. The Journal of the American Medical Director’s Association is edited by Drs Morley, Gammack and Thomas. Drs. Rodin and Tumosa are associate editors of the Journal of the American Geriatrics Society. The division continues to assist the medical students in administering the Health Resource Center. We have five first year fellows in our program under the able leadership of Dr. Julie Gammack. The Division continues to produce the *Aging Successfully* Newsletter.

The division remains a highly successful research unit with over 115 publications and 5 educational videos in the past year. Studies by Dr. Kumar and Dr. Farr have continued to explore the importance of an antisense to the messenger RNA for amyloid precursor or protein in the treatment of Alzheimer’s disease. The division has further validated the VA-Saint Louis University Mental Status Examination and completed a major evaluation of a simple frailty screen. The division has continued its studies in andropause, nutrition and diabetes. We were the leaders in developing an International clinical definition for sarcopenia. The study of Aging in African Americans is funded by the National Institute of Aging. Dr. Morley writes a regular column in the *St. Louis Post Dispatch* ([www.StLtoday.com](http://www.StLtoday.com)).

Clinically, the division provides leadership for Acute Care for the Elderly (ACE) units at Saint Louis University Hospital and Des Peres Hospital. Outpatient services are provided both in the Doctor’s Office Building at Saint Louis University Medical Center and at Des Peres Senior Services. Drs. Rodin, Paniagua, Cruz and Flaherty are part of the Palliative Care Team for SLU Hospital. The division was involved in the care of residents in eight nursing homes and assisted living facilities. A home care service was provided under the leadership of Dr. Gerald Mahon. Dr. Flaherty is the medical director for Alternative Hospice and Nurses & Company Home Care. The division provides clinical services at the VAMC in the outpatient, nursing home and Geriatric Evaluation and Management Unit.

JOHN E. MORLEY, M.B., B.CH.
DIVISION DIRECTOR
Dr. Morley chairs the International Association of Gerontology and Geriatrics/World Health Organization’s Committee on Nursing Homes Dr Flaherty is a founding board member of the American Delirium Society. Dr. Morley reached a h-index of 100, i.e. 100 papers each cited at least 100 times.

The division has a collaboration with the Department of Geriatrics at West China Hospital in Chengdu, China that Dr. Flaherty coordinates. The Cruz leads a collaboration with the University of Puerto Rico on the subject of Improving Latino End of Life (EOL) Care. The Back Pain and Balance Study in collaboration with Logan College of Chiropractic continues to recruit subjects, and the Dexlirium Trial (Dexmedetomidine and Perioperative Cognitive Protection) has started to recruit subjects at Des Peres Hospital.

**Honors and Recognition**

**2012 Best Doctors, St. Louis Magazine**
Asif Bhutto, M.D.
Dulce Cruz-Oliver, M.D.
Joseph Flaherty, M.D.
Julie K. Gammack, M.D.
Mila Little, D.O.
Gerald Mahon, M.D.
John E. Morley, M.B., B.Ch.
Miguel A. Paniagua, M.D.
Miriam Rodin, M.D.
David R. Thomas, M.D.
Frederick Yap, M.D.

**Dulce M. Cruz Oliver, MD**
Alzheimer’s Association International Conference (AAIC) Travel Fellowship Award
AGS Ethnogeriatrics Committee – Appointed Liaison for the Research Committee
Editorial Board Member, Journal of the American Medical Director’s Association
Volunteer Physician Casa de Salud, Saint Louis University Student Run Spanish Clinic

**Lenise A. Cummings-Vaughn, MD**
Editorial Board Member, Journal of the American Medical Director’s Association
Member Ethnogeriatrics Special Interest Group of the American Geriatrics Society

**Joseph H. Flaherty, MD**
Volunteer Physician, Saint Louis University Health Resource Center
Editorial Board Member, Journal of the American Medical Director’s Association
Board Member (and one of the Founding Members) American Delirium Society
Keynote Speaker: International Conference on Aging and Sleep, Paris, France June, 2012 “Polypharmacy, Sleep and Delirium”
DIVISION OF GERIATRIC MEDICINE

Julie K. Gammack, MD
Volunteer Physician, Saint Louis University Health Resource Center
Associate Editor Journal of the American Medical Director’s Association

Michael Horowitz, MD
Editorial Board: World Journal of Diabetes
Editorial Board: World Journal of Gastrointestinal Pathophysiology

Mila O. Little, DO
Associate Editor, Journal of the American Medical Director’s Association
Became Certified Medical Director (CMD) in Long Term Care
Named Chair of Communications Committee for American Medical Director’s Association
Elected Secretary, Board of Directors for American Medical Director’s Association
Volunteer Physician, Saint Louis University Health Resource Center
Harvard-Macy Scholar through Program for Educators in Health Professions
Member, European Academy for Medicine of Ageing

Gerald M. Mahon, MD
Volunteer Physician, Saint Louis University Health Resource Center

Douglas K. Miller, MD
Coordinator for GSA Epidemiology of Aging (Research) Special Interest Group 2010-2012
University of Florida OAIC Scientific Advisory Panel, January, 2012
Elected to the Ethnogeriatrics (Research) Committee of the American Geriatrics Society 2011-2014
Elected EGC Representative to the Health Systems Innovation – Economics & Technology Committee 2011-2014

John E. Morley, MB, BCh
Editor: Journal of the American Medical Director’s Association
Board, American Medical Directors Foundation
Vice President: Society of Sarcopenia Cachexia and Wasting Disorders
Faculty Advisor and Volunteer, Saint Louis University Health Resource Center
Associate Editor: Journals of Gerontology Medical Sciences
Editorial Board: Journal of Geriatric Cardiology
Editorial Board: Archives of Gerontology and Geriatrics
Castle Connolly Top Doctors in America

Miriam B. Rodin, MD, PhD
Associate Editor: Journal of the American Geriatrics Society
Editorial Board Member, Journal of the American Medical Director’s Association
Editor: Occasional Paper Section Journal of the American Geriatrics Society
Editorial Board: Journal of Geriatric Oncology
Core Faculty Member, Saint Louis University Internal Medicine Residency Program
DIVISION OF GERIATRIC MEDICINE

David R. Thomas, MD
Associate Editor Journal of the American Medical Director's Association
Castle Connolly Top Doctors in America
Board of Directors, Missouri Association of Long Term Care Physicians
Board of Directors: Journal of Nutrition in Gerontology and Geriatrics
National Delegate, American Medical Director's Association
SLU Mentor Program for Two Proteges

Nina Tumosa, PhD
Associate Editor: Journal of the American Geriatrics Society
Editorial Board Member, Journal of the American Medical Director’s Association
Winner “May Is Medication Reconciliation Awareness Month Competition” for the VA Training DVD Production

Frederick Yap, MD
Core Faculty Member, Saint Louis University Internal Medicine Residency Program
Volunteer Physician, Saint Louis University Health Resource Center

Grants and Contracts Held By Each Faculty Member

Dulce M. Cruz Oliver, MD
• Heath Resources and Services Administration (HRSA), Geriatric Academic Career Award – Improving End of Life Care in Latino Elders, 2010-2015, $277,744.

Lenise A. Cummings Vaughn, MD
• Heath Resources and Services Administration (HRSA) K01HP20515, Geriatric Academic Career Award – Integrating Evidence-Based Geriatric Medicine in Health Professional Education, 2010-2015, $277,744.

Susan A. Farr, PhD
• VA Merit Review Award, Antisense Oligonucleotide Treatment for Alzheimer’s Disease, 2010-2014, $146,000 per year.

Joseph H. Flaherty, MD
• Health Resources and Services Administration with Logan College – Chiropractic Demonstration Projects, Geriatrics Low Back Pain and Balance Assessment and Management Program, 2010-2012, $59,904.
• National Institutes of Health R01 - Perioperative Cognitive Protection-Dexmedetomidine and Cognitive Reserve, Multisite Study 2012-2013, (St. Louis Study Site Principle Investigator).

Michael Horowitz, MD
• National Health and Medical Research Council Project, Nutritional Physiology, Interventions and Outcomes, $2,000,000.
• National Health and Medical Research Council Project, The Effects of Testosterone and a Nutritional Supplement on Hospital Admissions in Undernourished Older People, 2010-2012, $1,018,438.
Faculty

**Professor and Director**
Olga Dammert Endowed Chair
John E. Morley, M.B., B.Ch.

**Professor**
Joseph H. Flaherty, M.D
Horace M. Perry, III, M.D.
David R. Thomas, M.D.
Nina Tumosa, Ph.D.

**Professor, Secondary**
George T. Grossberg, M.D.

**Professor Emeritus, Secondary**
Rodney M. Coe, Ph.D.

**Research Professor**
Vijaya Kumar, Ph.D.
DIVISION OF GERIATRIC MEDICINE

Associate Professor
Julie K. Gammack, M.D.
Miriam B. Rodin, M.D.

Associate Professor, Secondary
Richard O. Schamp, M.D.

Associate Research Professor
Susan A. Farr, Ph.D.

Assistant Professor
Asif S. Bhutto, M.D.
Dulce M. Cruz-Oliver, M.D.
Miltya O. Little, D.O.
Gerald M. Mahon, M.D.
Frederick Yap, M.D.

Assistant Professor, Secondary
Theodore Malmstrom, Ph.D.

Clinical Instructor
Lenise A. Cummings Vaughn, M.D.

Assistant Clinical Professor
Carolyn Philpot, GNP
Christina Traber, GNP

Post-Doctoral Fellow
Tulin O. Price, Ph.D.

Administrative Assistant
Ms. Susan Brooks

2012 Best Doctors, St. Louis Magazine